



Tāmaki Makaurau  
Māori Midwives

## January 2018 / Panui 31

**Hui and Postal Address:** NZCOM Auckland Resource Centre, Yarnton House, 14 Erson Ave Royal Oak, Auckland 1061  
**Phone:** Megan Tahere (Chair) 027 3669358 or Kaniwa Kupenga-Tamarama (Deputy Chair) 021 02891937  
**Email:** ngamaia.tamakimakaurau@gmail.com

### UPCOMING EVENTS

**February 7, 2018**

NZCOM Auckland Meeting

**February 12 - 14, 2018**

7<sup>th</sup> International Gambling Conference

**February 14, 2018**

NMTM Monthly Hui

**February 26, 2018**

The Centre for Addiction Research Symposium and Professor David Nutt public lecture

**March 6, 2018**

Brainwave Conference 2018 - Auckland

**March 8, 2018**

Brainwave Conference 2018 - Wellington

**August 24 - 25, 2018**

15<sup>th</sup> NZCOM Biennial National Conference

**Save the Date 2018**

**November 13 - 16, 2018**

Ngā Pae o te Māramatanga 8<sup>th</sup> Biennial International Indigenous Research

**Ngā Māia o Aotearoa Website**

<http://www.ngamaia.co.nz>



**Ngā Māia ki Tāmaki Makaurau**

**Read More About Our Rōpū**

<http://nzcomauckland.org.nz/>

## NGĀ MIHI NUI KI A KOUTOU KATOA

Welcome to the first Ngā Māia ki Tāmaki Makaurau [NMTM] panui for 2018. We have had a busy and rewarding few months hosting our Māori Midwifery Hui and attending our Ngā Māia o Aotearoa Annual General Meeting and the Kāi Tahu Kaiwhakawhanau Hui. The details of these exciting events are shared in this month's panui.

We hope all of our NMTM members, whānau, supporters and friends had a productive holiday period enjoying much needed time off to relax and rejuvenate before launching into 2018. The holiday season is often taken as an opportunity to reflect on the challenges and successes of the year been and look forward to the opportunities and mahi ahead.

Last year was an incredible time for NMTM and although at times it was a challenging journey we are thankful and enthusiastic about the progress within our organisation. Key developments for NMTM in 2017 include becoming a registered charitable trust, hosting our Māori Midwifery Hui, and Dame Rangimarie Naida Glavish's acceptance of the role of NMTM Taumata Kuia. We would like to take this moment to give our eternal gratitude and recognition to all of the passionate and hardworking NMTM members, whānau and supporters who walked beside us on our journey to realise the aspirations of our rōpū. We would also like to thank all of the inspiring speakers who joined us to present their kōrero at our bimonthly hui education segments. Your impressive research, mahi in the community, kind words, bold visions and revolutionary actions resonated with each of our members in many different ways.

NMTM is only as strong as the awesome individuals who make up our spirited and passionate collective. We cannot wait to see you all again this year and look forward to welcoming new members to join us along the way. A new year brings with it a range of new possibilities and opportunities. NMTM is ready to bring on another year of hard work to grow the potential of our hapū māmā, whānau, communities, Māori midwives and students.



## NGĀ MĀIA KI TĀMAKI MAKĀURAU MĀORI MIDWIFERY HUI

### A CELEBRATION OF NGĀ MĀIA KI TĀMAKI MAKĀURAU AND MĀORI MIDWIFERY WORKFORCE DEVELOPMENT IN THE AUCKLAND REGION

*Acknowledging our Māori midwives and midwifery students  
Empowering, Inspiring, Sustaining and Retaining Our Māori Midwives  
and Future Māori Midwives*

NMTM held our 2017 hui for AUT Māori midwifery students and midwives on 25<sup>th</sup> and 26<sup>th</sup> November 2017 at the AUT City Campus Ngā Wai o Horotiu Marae. The hui aimed to bring Māori midwives and midwifery students together, and provide further wrap around support to AUT Māori midwifery students, underpinned by the hui theme - 'Empowering, inspiring, sustaining and retaining our Māori midwives and future Māori midwives'.

Generous funding from Kia Ora Hauora, Auckland and Waitematā District Health Boards and Counties Manukau Health [CM Health], support from AUT University and the time and effort of our NMTM

Committee and members enabled the hui to take place. Attendees experienced next level lectures and workshops presented by a spectacular line up of Māori leaders from across the country. Presenters included Riki Nia Nia, Leigh Henderson, Professor Meihana Durie, Dr Hope Tupara, Te Atiwei Ririnui, Rhonda Tibble and Dame Rangimarie Naida Glavish.

A special award ceremony to acknowledge the 2017 Pu Ora Matatini Midwifery Scholarship recipients - Maia Wharekura, Natasha Paul, Carleen Paterson, Camille Harris and Aroha Tukerangi, CM Health Grant recipients - Awhiora Nia Nia, Chantelle Briggs, Clara-Mei Brown, Genine Matthews, Jana Kite, Kahlia Mabey, Lisa Nathan, Rickilee Kira, Sammy-Jo Locke, Arahia Bennett and Emily Watt, Community Involvement and Academic Achievement Award recipients - Maia Wharekura, Aroha Tukerangi, Awhiora Nia Nia and Clara-Mei Brown of the AUT University Midwifery Programme was a marked segment of the hui programme. Natalia Sexton (CM Health Project Manager, Māori Health Development) presented the awards with our NMTM Kaumatua, Matua Walter Peita-Wharetohunga, followed by a celebratory dinner where recipients were joined by hui attendees and their whānau to acknowledge their achievements. We were then joined by traditional Māori healers, Hone Ratana, Candy Dunn, Lillian Palmer, Awhitia Mihaere and Penny-Anne Whare Kupenga-Keefe on Saturday evening to enable the opportunity for attendees to relax and revitalise.

On Sunday morning we were extremely lucky to have Jean Te Huia, Lissa Yates, Kaniwa Kupenga-Tamarama and Puti Baker join us on our discussion panel to share their insightful experiences and give meaningful and practical advice to our midwifery students.

Another special segment of the Sunday hui programme was our mihi whakataua for Dame Rangimarie Naida Glavish into her role as our NMTM Taumata Kuia where she will fulfil the positions of our Patron and Advisory Trustee. We would like to take this opportunity to acknowledge and congratulate Ngāti Whātua and Dame Naida on her appointment to Dame Companion of the New Zealand Order of Merit. This is inspiring and we feel extremely privileged to have her support.

Our hui saw an infusion of self-confidence and peer esteem, promotion of self-reflection and team building alongside the strengthening of networks and relationships between Māori midwives, midwifery students, community members and leaders, funders and service providers. We would like to thank all of our guests for sharing their time and expertise with us; the feedback from attendees has been overwhelmingly positive and we feel greatly privileged to have spent this time with you all. Furthermore, thank you again to our sponsors and supporters of this event:





*Ngā Māia ki Tāmaki Makaurau Māori Midwifery Hui 2017*

## NGĀ MĀIA O AOTEAROA ANNUAL GENERAL MEETING AND KĀI TAHU KAIWHAKAWHANAU HUI

The 2017 Ngā Māia o Aotearoa Annual General Meeting [AGM] and Kāi Tahu Kaiwhakawhanau Hui was held in Christchurch at Hillmorton High Schools Te Whareniui O Mihi Winiata on 31<sup>st</sup> November and 1<sup>st</sup> December.

Our NMTM Kaumatua, Walter Peita-Wharetohunga, Chair, Megan Tahere, and Deputy Chair, Kaniwa Kupenga-Tamarama attended. In addition, six of our NMTM Māori midwifery student members were supported by AUT University with funding from the CM Health Pu Ora Matatini Midwifery Scholarship Programme to also attend.

Facilitating the early engagement of students with our professional Māori midwifery organisation aims to increase involvement post-graduation to ensure a strong support network for Māori midwives which then provides built in momentum for the continuation of support for Māori midwifery students and aspiring midwives. This is all important to reducing the attrition rate of Māori students from the Midwifery Programme and the high burn out rate and loss of midwives within their first 6 years of practice.

The AGM saw the announcement of the new Ngā Māia o Aotearoa Board of Trustees. We would like to thank Jean Te Huia, our Ngā Māia



*Ngā Māia o Aotearoa AGM and Kāi Tahu Kaiwhakawhanau Hui 2017*



Strength from My Ancestors - Hine Te Iwaiwa  
By Regan Balzer for Ngā Maia o Aotearoa

## ANNOUNCEMENTS

### Puti Baker - Treasurer

Our rōpū warmly welcomes new membership. If you would like to become a Ngā Māia ki Tāmaki Makaurau member please visit our Ngā Māia o Aotearoa website to download a membership form.

<http://www.ngamaia.co.nz>

Annual membership fees:  
Midwife - \$100.00  
Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

### Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records.

Also, members can you please advise us if you have a change in contact details for rōpū communications.

Please contact us if you have a notice you would like to have included in our monthly panui.

[ngamaia.tamakimakaurau@gmail.com](mailto:ngamaia.tamakimakaurau@gmail.com)

o Aotearoa CEO and Beverly Te Huia our Board of Trustees chairperson for their leadership, enthusiasm and commitment to the development of our national Māori midwifery professional organisation and congratulate Megan Tahere and Janice Grennell who were elected as members of the Ngā Māia o Aotearoa Board of Trustees alongside Beverly Te Huia, Ripeka Ormsby and Pauline Allen-Downs.

We would like to thank Ruth Chisholm for all her efforts in arranging the hui and her manaaki of us all on our arrival and throughout our time in Christchurch. This hui was a fantastic experience, enabling development of relationships with each other, establishment of relationships with Māori midwives from across New Zealand and for involvement in the first Tūranga Kaupapa workshop to be held in New Zealand under the newly developed education package released in early November by Ngā Māia o Aotearoa. This event will undoubtedly influence and shape attendees political awareness and understanding of midwifery in New Zealand from a Māori perspective and the future of Ngā Māia o Aotearoa and Māori midwifery in New Zealand.

## WHAT YOU MISSED AT OUR LAST HUI

WEDNESDAY 8<sup>TH</sup> NOVEMBER AND 13<sup>TH</sup> DECEMBER 2017

- Due to the advertising of our 2017 NMTM Māori Midwifery Student Hui in the later month's panui of 2017 our 'Ngā Māreikura o Ngā Māia ki Tāmaki Makaurau' segment will recommence in February 2018. We look forward to sharing more stories about the amazing Māori midwives and student midwives we are proud to have in our rōpū.
- 2018 will see the introduction of bimonthly education sessions at our monthly hui, and as requested by our student members the alternate months will be set aside to provide a dedicated Māori midwifery student support forum.

## NGĀ MĀIA KI TĀMAKI MAKĀURAU MONTHLY HUI NAU MAI, HAERE MAI!

**Venue:** NZCOM Auckland Resource Centre.

**Date and Time: Wednesday 14<sup>th</sup> February 2018, 1800 - 2130**

**1800 - 1930:** Committee and regional business hui.

Ngā Māia ki Tāmaki Makaurau members welcome. MCNZ Accredited.

**1930 - 2130:** Regional hui and education/discussion forum.

All midwives, students and whānau welcome. MCNZ Accredited.

**Anneka Anderson and Elizabeth Strickett, 1945 - 2015**

***University of Auckland, Te Kupenga Hauora Māori***

***'Research Presentation: Māori Women's Experiences of Antenatal Care Services in Tāmaki Makaurau'***

***and***

**Rebecca Stirrup, 2015 - 2115**

***'Homeopathy for Midwives'***

You are welcome to bring a plate of kai to share.